

TRACEN Petaluma Haley Hall Dining Facility

03FEB25 - 09FEB25

1	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
M O N D A Y	FRESH FRUIT CREAM OF WHEAT EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN APPLE / PORK SAUSAGE LINKS HASH BROWNS BUTTERMILK PANCAKES	VARIES 110 VARIES 78 92/180 151 210	CREAM OF POTATO SOUP CHICKEN BREAST CHASSEUR PORK LOIN W/ SUNDRIED TOMATOES RISSOLE POTATOES GNOCCHI W/ PESTO SAUCE PARMESAN CAULIFLOWER LEMON GARLIC SAUTEED SWISS CHARD <u>PLATED ALTERNATIVE</u> BLACK BEAN BURGERS CRISPY SMASHED SWEET POTATOES	90 318 300 141 320 111 106 400 110	LONDON BROIL FLANK STEAK TWICE BAKED POTATOES NOODLES JEFFERSON BROCCOLI W/ LEMON PANKO CRUMBS FOUR CHEESE BAKED EGGPLANT FRENCH BREAD	398 276 241 188 194 80
T U E S D A Y	FRESH FRUIT OATMEAL ASST. OATMEAL TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / SAUSAGE PATTIES HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP SAUSAGE GRAVY HOME STYLE BISCUITS	VARIES 158 VARIES VARIES 78 192/180 151 210	CHICKEN TORTILLA SOUP CARNE ASADA TACOS SALSA VERDE CHICKEN SPANISH RICE BLACK BEANS CALICO CORN COTIJA ROASTED MEXICAN VEGETABLES FRESH SALSA BAR <u>PLATED ALTERNATIVE</u> PUERTO RICAN PICADILLO W/ RICE	140 350 424 211 112 96 110 VARIES 470	BONE-IN BBQ CHICKEN THIGHS CAROLINA STYLE PULLED PORK RANCH STYLE BEANS MACARONI AND CHEESE GREEN BEAN LYONNAISE CAJUN MUSHROOMS JALAPENO & CHEDDAR DROP BISCUITS	264 417 150 310 45 180 152
W E D N E S D A Y	FRESH FRUIT HOT GRITS EGGS & OMELETS TO ORDER BOILED EGGS TURKEY / MAPLE PORK SAUSAGE LINKS HASH BROWNS BUTTERMILK PANCAKES BREAKFAST QUICHE	VARIES 142 156 78 92/185 110 120	MINESTRONE SOUP CHICKEN CACCIATORE SHRIMP SCAMPI HERBED PASTA WILD MUSHROOM RISOTTO STEAMED PEAS AND CARROTS BROCCOLI & CAULIFLOWER MEDLEY <u>PLATED ALTERNATIVE</u> AHI POKE W/ SUSHI RICE	225 475 209 141 35 87 80 275	ROASTED CHICKEN QUARTERS SWEET POTATOES MOROCCAN COUSCOUS CITRUS ROASTED ASPARAGUS ROASTED COLORFUL CAULIFLOWER FOCACCIA BREAD	451 190 199 101 110 150
T H U R S D A Y	FRESH FRUIT CREAM OF WHEAT EGGS & OMELETS TO ORDER BOILED EGGS BACON / SAUSAGE HOT LINKS HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP BREAKFAST SANDWICHES	VARIES 110 VARIES 78 192 / 180 151 210	AFRICAN AMERICAN HISTORY MONTH MOROCCO HARIRA (LENTIL SOUP) MOROCCO SHRIMP TAGINE SOUTH AFRICA PERI-PERI CHICKEN SOUTH AFRICA YELLOW RICE MOROCCO ROASTED VEGETABLES SOUTH AFRICA CHAKALAKA SOUTH AFRICAN MEALIE BREAD <u>PLATED ALTERNATIVE</u> MOROCCO LAMB AND COUCCOUS	380 219 167 200 120 85 178 220	SMOKED BABY BACK RIBS CHICKEN WINGS NEW ORLEAN'S DIRTY RICE AU GRATIN POTATOES BRAISED COLLARD GREENS GRILLED CORN ON THE COB HONEY BUTTER CORNBREAD	418 400 291 328 160 155 94
F R I D A Y	FRESH FRUIT OATMEAL ASST. OATMEAL TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN APPLE / SAUSAGE PATTIES HASH BROWNS BLUEBERRY PANCAKES BREAKFAST BURRITOS	VARIES 158 VARIES 156 78 92/180 151 210	SCALLOP & SHRIMP CHOWDER MEDITERRANEAN SWORDFISH MARINATED FLANK STEAK CREAMY POLENTA W/ BASIL OIL ROASTED PEBBLE POTATOES BROCCOLINI W/ CANDIED LEMON CALIFORNIA BLEND VEGGIES CAPTAINS PLATTER	301 216 350 300 220 121 60 VARIES	ALICE SPRING CHICKEN BREASTS GARLIC MASHED POTATOES BROWN MUSHROOM GRAVY BRAISED CARROTS & ONIONS SWEET & SOUR NAPA CABBAGE BUTTERMILK BISCUITS	440 290 120 110 90 100
S A T U R D A Y	FRESH FRUIT HOT GRITS SCRAMBLED EGGS BOILED EGGS BACON / MAPLE PORK LINKS HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP	VARIES 142 156 78 192/185 151 210	TORTILLA CHIPS W/ QUESO SEASONED GROUND BEEF REFRIED BEANS ARROZ AMARILLO ROASTED PEPPERS & ONIONS TOMATOES / JALAPENOS SOUR CREAM / SALSA	VARIES 120 218 180 VARIES VARIES VARIES	CHICKEN CURRY JASMINE RICE VEGETABLE PAD THAI SESAME GARLIC EDAMAME EGG ROLLS W/ DIPPING SAUCE	341 160 171 89 VARIES
S U N D A Y	FRESH FRUIT OATMEAL SCRAMBLED EGGS BOILED EGGS TURKEY / PORK SAUSAGE LINKS HASH BROWNS WAFFLES W/ BUTTER & SYRUP	VARIES 110 156 78 92/180 151 230	EGGS & OMELETS TO ORDER BACON / SAUSAGE WAFFLES W/ BUTTER & SYRUP GRILLED REUBENS GARLIC PARMESAN FRENCH FRIES CAPRI BLEND VEGETABLES CAPRESE PAST SALAD	VARIES 92 180 420 160 60 VARIES	IRISH LAMB STEW BATTERED COD FILLETS STEAK FRIES DUNMURRY RICE SAUTEED SQUASH STEAMED PEAS HOT ROLLS	420 443 365 290 261 103 103

WEEK 1A

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By: CSC CSC E. S. SANCHEZ Dining Facility Supervisor	Reviewed By: CSCS N. E. Mogan Food Service Officer	Approved By: Captain M. M. Chong Commanding Officer
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